

# **RANDOM WISDOM**

**By**

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## **CHANGE YOUR THOUGHTS - CHANGE YOUR LIFE**

Random Wisdom is a series of creative thoughts based on the simple premise that if we change our thoughts we can change our lives. This applies not only to ourselves, but to our family, our country and our world. It can be summed up this way:

**What we think, we create.  
What we create, we become.  
What we become, we express.  
What we express, we experience.  
What we experience, we are.  
What we are, we think**

This is the "Circle of Creation" and it has created everything we see and experience in our lives. Random Wisdom will help you to change your thinking and become more conscious of your thoughts so that you can continue create a brighter future.

These pages contain Random Wisdom that you can use immediately in your life as well as in your communications, letters, speeches or memos. Remember there are no coincidences in the universe. The quotes you like the best, are the one's that are meant for you!

WHY we do something is more important than HOW we do it.

It doesn't matter what others think unless you think it matters.

In life, you don't get what you WANT; you get what you EXPECT.

90% of people give up when they are 10% from achieving their goals.

If we do not want anything from anyone we can never be exploited.

The reason people are afraid to die is that they have never really lived.

There will never be a "good" time to start, so there's no better time than right now.

Courage is simply the willingness to be afraid but *act anyway*.

**If someone else did to you what *you* have been doing to yourself, how upset would you be?**

**If you think something outside of you is the cause of your problem, you will look outside of yourself for the answer.**

**Before your life can go in the RIGHT direction, you have to STOP going in the WRONG direction.**

**Look for opportunities, not guarantees.**

**Believe in yourself *first*, then you can believe in another.**

**Yesterday was the deadline for all complaints.**

**If you have made your self important, notice you are not important.**

**Whatever we resist is a statement of what we lack.**

**In order to change our lives we must be sick and tired of being sick and tired.**

**The REWARDS in life will always be in direct proportion to the RISK.**

**If you are your partner always agree, one of you is unnecessary!**

**A relationship is like a gem - it requires friction to polish it.**

**Fear is the mind-talk that prevents you from hearing your intuition.**

**Half of getting what you want is knowing what you must *give up* to get it.**

**Life is always fair because things *are* the way the *are*. What is unfair is our *expectations* of life.**

**Now is the time to live your dream. Remember – your life is not a dress rehearsal.**

**What works for you may not work for someone else. So what makes you think your way is so much better?**

**Winners never quit and quitters never win.**

**If you can't find the time to do it right the first time, when are you going to find the time to do it over?**

**Goals don't start in our brain; they start in our heart.**

**Blaming others for our troubles is as logical as saying flies cause garbage.**

**The number-one FEAR for everyone is REJECTION. The number-one NEED is ACCEPTANCE. Know this and you will know everyone.**

**If you are not rich, notice how you make yourself poor.**

**Nothing is as self-*blinding* as being self-*righteous*.**

**The way to truly appreciate someone is to realize that someday you might lose them.**

**People concern themselves with being *normal* rather than being *natural*.**

**Do SOMETHING! Lead, follow, or get out of the way!**

**When your ship comes in, make sure you are willing to unload it.**

**Not to decide is to decide.**

**Realize that everybody approaches every situation with at least some concern about “what’s in it for me?”**

**There is a lie built into every promise. The lie is you will feel the same about your promise on any given tomorrow.**

**If you want to make an enemy, try to change someone.**

**If you are not leaning, no one will ever let you down.**

**We were born with only two fears - the fear of loud noises and the fear of falling. All our other fears are a learned response.**

**Failure is no accident. You either set yourself up for it or you don't.**

**Until we make our unconscious conscious, it will direct our life and we will call it "fate".**

**There is no growth without discontent.**

**See the perfection in everyone. Remember - God does not make faulty products.**

**You can still love someone and not like the way they act.**

**Whatever we resist, persists. Whatever we acknowledge can be changed.**

**If you do not accept accountability you will misdiagnose every problem you have. And, if you misdiagnose, you will *mistreat*.**

**If we allow others do it FOR us, they will end up doing it TO us.**

**You are never going to “have it all together”. That’s like trying to eat once and for all!**

**Most people fail in life because they MAJOR at MINOR things.**

**Do not try to BELIEVE you can do something. Instead KNOW that you can do it and belief will no longer be necessary.**

**Good or bad, positive or negative, you do what you do because you believe it works for you.**

**What you GET by reaching your destination is not as important as what you BECOME by reaching your destination.**

**If you argue for your limitations, you get to keep them.**

**Are you a part of the *problem* or part of the *solution*?**

**You cannot eliminate any negative behavior without understanding *why* you do it to begin with.**

**A winner says, “I will” and succeeds. A loser says, “I’ll try” and fails. TRYING is lying. To DO is to be true.**

**A rebel is a person who conforms to nonconformity.**

**If you will live as though every day were your last day on earth - someday you will be RIGHT!**

**Life is a persistent teacher. It will keep repeating the lessons until we learn them.**

**You have to give yourself *to* yourself before you can give yourself *to* another.**

***Hoping and wishing are excuses for not doing.***

**How far you go depends on how soon you start.**

**The mind pretends to be a time machine, taking us from past to future, but no matter how hard we try to live in the past or anticipate the future, only the present moment exists.**

**Love is not what makes the world go round. Love is what makes the ride worthwhile.**

**He who gets angry *first* usually loses.**

**No mistake is fatal unless we make it so.**

**Guilt is resentment directed toward *ourselves*. Resentment is anger directed toward *others*.**

**Accept what you are today, do not condemn what you were yesterday, and do not dismiss what you could become tomorrow.**

**Often, short-term gain produces long term pain.**

**The best way to *predict* your future is to *create* it.**

**You cannot lead someone to permanent change by doing *for* them what they *can* and *should* do for themselves.**

**The greatest understanding you can have if you want to be enlightened is that no one will ever understand you.**

**The willingness to change eliminates the word “failure” from your vocabulary.**

**The mind is like a parachute. It works best when it is open.**

**Accept nothing without *examination*. Reject nothing with *consideration*.**

**Every time you ask, “Why me?” you assume you are a victim. All “Why me?” questions move you further away from the solution.**

**Negative thinking is mental malpractice.**

**There are none so righteous as the newly converted.**

**If you don't have love in your heart you have the worst kind of heart trouble.**

**A relationship should be like a fishing trip. Keep the good stuff and throw the rest away.**

**We make assumptions that we are unwilling to test, and then treat them as though they were the truth.**

**The reason it is harder to *receive* a gift than *give* a gift is because the one who gives is always in control.**

**Feeling alone in the presence someone else is the worst kind of loneliness.**

**Whatever you assume to be true, whether it is true or not, will become *real* for you.**

**Others can stop you *temporarily*. Only you can do it *permanently*.**

**Understanding does not necessarily mean agreement.**

**We fear the thing we want the most.**

**Before you can help another remember - you cannot give away what you don't *already* have.**

**If you prepare for old age, old age comes sooner.**

**If we find a good solution and become *attached* to it, the solution may become our next problem.**

**Criticize the *performance*, not the *performer*.**

**Divorces are final long before they go to court.**

**Your interpretation of what you see and hear is just that - your interpretation.**

**So long as you are still worried about what others think of you, you are owned by them. Only when you require no approval outside yourself can you own yourself.**

**If you don't have what you want, you are not committed to it 100%.**

**What you can not communicate, controls your life.**

**Learning to be alone and not lonely means you are ready to be with someone else.**

**Until we are all that we can be, how can we be upset with someone who is not what we wish them to be?**

**As simple as it may seem, consciously or unconsciously, we always get what we expect.**

**The thing we run *from* is the thing we run *to*.**

**“I can’t”, is always a lie. The truth is, “I can, but right now I choose not to”.**

***Trying*, provides two excuses, an excuse for not *doing* and an excuse for not *having*.**

**The angry people are those who are most afraid.**

**Resolving conflict is not about who is right. It is about acknowledgement and appreciation of differences.**

**If you don’t start it is certain you won’t arrive.**

**Intuition does not reside in the mind. Intuition is the ear of the soul.**

**You cannot control without being controlled.**

**Life begins at the end of your comfort zone.**

**When you are an expert on yourself, you’re an expert on everyone else.**

**The truth about approval is this; you will never get it from the person you want it from.**

**I am grateful to all those people who refused to help me. Because of them, I did it myself.**

**If you love what you do, you will never work another day in your life.**

**After you make your mark in this world a lot of people will come around with erasers!**

**Marriage can often be described as two people agreeing to change each other.**

**Success requires shifting your emphasis from *won't* power to *will* power.**

**Getting rid of bad habits is like peeling an onion. It must be done one layer at a time.**

**If you want to know what your true beliefs are, take a look at your actions.**

**Nothing can occur in your life that is not an opportunity for you to either heal something or create something.**

**Your self worth must be stronger than the rejection of your ideas by others.**

**Whatever we *think* about we *bring* about.**

**What little I know, I owe to my ignorance.**

**You can have anything you want if you will just give up the belief that you can't have it.**

**The universe is nothing but a big copying machine that reproduces our thoughts into physical form.**

**Your intention sets the universe in motion.**

**When we focus on solving problems we avoid placing blame.**

**The essence of true love is showing who we *are* instead of who we *think* we should *be*.**

**Sticks and stones may break our bones, but words can break our hearts.**

**You cannot be a friend to anyone else if you are not a friend to yourself.**

**Most often people want us to listen, not give advice.**

**Our life can only change when we STOP making EXCUSES and START making RESULTS.**

**The couple that plays together stays together.**

**When you have to make a choice and don't make it, you already made it.**

**Old age isn't so bad when you consider the alternative!**

**Whatever you curse will curse you. Whatever you bless will bless you.**

**The road to enlightenment is always under construction.**

**An optimist proclaims we can be happy and successful. A pessimist fears this is true.**

**Wherever your mind goes your energy flows.**

**It is said that if we know the truth, the truth shall set us free. The only thing we need to be set free from is *ignorance*.**

**The more investment you have in your beliefs the harder it is to change them.**

**You will never let yourself have more money, love or happiness than you think you deserve.**

**A positive thinker is a person who falls from the top of a fifteen-story building and on the way down screams “So far so good!”**

**Your past is always going to be the way it was, so stop trying to change it.**

**The more you *outflow*, the more you *inflow*.**

**Your power as a person is measured by your ability to *complete* things.**

**A person who loves unconditionally cannot be controlled.**

**Whatever someone boasts they have the most of is what they are likely to have the least of.**

**Helping others is the fastest way to get rid of your own troubles**

**The energy you give out is the results you get back.**

**When your life looks like is falling apart, it is usually falling into place!**

**True communication requires that we learn to think and speak from our heart, not our head.**

**It is much easier to talk the talk than walk the walk.**

**Dependency on anyone or anything is slavery by mutual agreement.**

**If you don't make a choice, someone else make it *for* you.**

**Everything that has happened in your life happened in order for you and the souls involved with you to grow in exactly the way you needed and wanted to grow.**

**The biggest lie on the planet is: "When I get what I want I will be happy."**

**What we *are* is God's gift to us. What we *become* is our gift to God.**

**Guilt is the feeling that keeps you stuck in who you are not.**

**You will never evolve through guilt. You can only evolve through non-judgmental awareness and self-correction.**

**Excuses are lack of faith in your own power.**

**Learn to be the rider, not the horse.**

**Denial kills any chance to overcome the real problem, because you cannot heal what you do not acknowledge.**

**If you are not making at least 50 mistakes a day, you're not trying hard enough!**

**You cannot strengthen the weak by weakening the strong.**

**No one "does it to you." You do it to yourself through other people.**

**Success is accomplished in the *preparation* phase, not the *execution* phase.**

**If you don't have a clear goal in life, you are destined to work for someone who does.**

**An unconscious person focuses on making a living. A conscious person focuses on making a *life*.**

**Get very good at what you love to do because you can never get good enough at something you are not suited for.**

**It is not enough to see the possibility; we must *become* the possibility.**

If you worry about what might be, and wonder what might have been, you will ignore *what is*.

There are many things I *want*, but few things I *need*.

If you don't like the games people play, make up your own games.

The one who loves the least controls the relationship.

There is no such thing as "right" or "wrong". There are only *consequences*.

You don't always get what you ask for, but you always get what you *create*.

Unresolved issues, like good wine, don't get better with time.

Before you can break out of prison, you must first realize you are locked up.

Once you accept an idea, it is an idea whose time has come.

The *lesson* is always more important than *the solution*.

The power of persistence is that it holds you in place until reality lines up with your desires, or you see that your desires are out of line with reality.

**If you don't know which direction to take, you have not acknowledged where you are.**

**What you said is *exactly* what you *intended* to say.**

**If you *have* to be happy, you will always be unhappy.**

**Change your conclusions or your beliefs about the events in your past and you can change the way you live your life today.**

**Whatever you give your energy to is what you will have more of.**

**We are energy systems. If we are clear, the energy moves in one direction. If we aren't, our energy moves in several directions without full power.**

**Perfectionism is not a quest for the *best*. It is the pursuit of the *worst* in ourselves - the part that tells us that nothing we do will ever be good enough.**

**As long as we feel victimized we give up our power to change.**

**You don't have a vote on the way it is. You already did.**

**Reclaiming your passion begins with telling the truth about what your heart is calling you to *be* and to *do*.**

**An atheist is a person with no invisible means of support.**

**At the end of your life you will not be as sorry for what you *did do* as what you *didn't do* but *wanted to do*.**

**Every religion believes their teaching is a reflection of God's preferences. Religion could not exist if the human race truly understood that God does not have preferences.**

**When you think about it, what all religions are saying is, "My invisible friend is better than your invisible friend!"**

**If your partner is easier to love when happy, why not help your partner to be happy?**

**Times of withdrawal are as necessary as times of intimacy.**

**When we truly love someone unconditionally we do not need to use emotional blackmail to get what we want.**

**The fundamental Law of Creation is that you must **BE** before you can **DO**, and you must **DO** before you can **HAVE**.**

**Getting everything you want in life is easy if you will help enough other people get what they want.**

Things are not what they *seem*. They are what they *are*.

The harder I work, the luckier I get.

You have nothing to lose until you give up.

If we don't like what's happening in the world, all we have to do is change what is happening inside of us – and the world changes for us!

There are three kinds of people. Those who *make* things happen those *watch* things happen and those who *don't know* what the hell is happening!

Happiness is loving what you do and getting someone else to pay you to do it.

The only thing you have no choice about is making choices.

The definition of *morality* is doing whatever you choose as long as you are not interfering with anyone else's right to do the same thing.

What is, was. What was, is. What will be, is up to me.

The more you act on your intuition fearlessly, the more your intuition will serve you.

**It is much more difficult to set someone free than to control them. When you control someone you get what *you* want. When you free someone they get what *they* want.**

**If at first you don't succeed, you're about average.**

**Things that come to those who wait are often the things left over by those who got there first.**

**You cannot change what you do not acknowledge. And what you do not acknowledge will keep getting worse.**

**You must give up the way it is to have it the way you want it.**

**It doesn't matter what you CAN do. What matters is what you WILL do.**

**Experience is the best teacher provided we become the best students.**

**People who achieve true success rarely worry about being successful.**

**Practice doesn't make perfect. Perfect practice makes perfect.**

**Most people cannot stand the thought of a God who loves no one group in a way that is more special than another.**

**If you are going to give a gift, notice your true intentions.**

**It is never too bad or too late to change any situation in your life - but be honest about what needs changing.**

**There is brutality and there is honesty, but there is no such thing as brutal honesty.**

**Handicaps are given to ordinary people to help them become extraordinary.**

**It is not what you KNOW that gets you into trouble; its what you THINK YOU KNOW that *isn't* so.**

**If you have a constant need to help other people, notice how you must keep others helpless.**

**Keep the lesson, but throw away the experience.**

**We seek out people and information that supports the conclusions we have ALREADY reached. What we want is not truth, but VALIDATION.**

**When it becomes more difficult to suffer than change, you will change.**

**All unhappiness is caused by comparison.**

**Most advice is worth what it costs - nothing.**

**Jealousy is always a mask for fear. Fear that we are not able to get what we want, and fear that somebody else seems to be getting what is “rightfully” ours.**

**You lose what you don't use.**

**If you don't like the direction the river is flowing, don't jump in.**

**If you require someone to change, you require that person to lie to you.**

**Feelings of inferiority and superiority are the same; they both come from fear.**

**Psychology 101 - EVERY action we take is to either gain pleasure or avoid pain.**

**Most of the time we don't communicate, we just take turns talking.**

**Procrastination is the fault that most people put off correcting.**

**Learn to FACE it so that you can REPLACE it.**

If we perceive ourselves as victims we also become volunteers.

The biggest risk in life is not risking.

Paradox - In order to achieve excellence you have to give yourself permission to be less than perfect.

After all is said and done, much is said and little is done.

An achiever makes *commitments*. A non-achiever makes *promises*.

Start to measure the quality of your life, not by your INTENTIONS, but by your RESULTS.

You are ALREADY where you are attempting to GO and you are ALREADY what you are attempting to BE. When you realize this truth all struggles in life will end.

Positive lessons are not always taught in positive ways.

Affirmation without *action* leads to *delusion*.

What you have accomplished is the result of "luck" or "fate". Ask anyone who hasn't accomplished it.

People who believe things can't be done will go out and *prove* they are "right"

**A winner is not afraid to lose. A loser is secretly afraid of winning.**

**Life does not reward intention, insight, knowledge, wisdom, or understanding. Life rewards ACTION.**

**That which we deny we cannot control, because we said it is not there. Therefore, what we deny controls us.**

**The way you are is not the result of what happened to you, it is the result of what you decide to keep inside you.**

**Any system that takes responsibility away from people dehumanizes them.**

**Your ability to relax is in direct proportion to your ability to trust life.**

**There are only two things you *have* to do in life. You *have* to die, and you *have* to live until you die. You made up all the rest.**

**Paradox - if you give up the need for security you will be secure.**

**Rather than taking risks most people try to softly tip toe through life so that they can arrive at death *safely*.**

**To HAVE what you want, you have to DO what it takes.**

**The only people without problems are in cemeteries**

**Most people would rather be certain they are miserable than risk being happy.**

**Risk means something of value is put into jeopardy. No Risk, no reward.**

**What you are afraid to do is a clear indicator of the next thing you need to do.**

**There is no good news and there is no bad news. There is only news. It is not good or bad until you assign meaning to it.**

**If you acknowledge you are unconscious, you are no longer unconscious.**

**The relationship you have with yourself will mirror the relationship you have with others.**

**Whatever you are willing to put up with is exactly what you will have.**

**If you do not have a plan for your life, you will be a stepping stone for those who do.**

**If we are honest because honesty is the best policy, then our honesty is corrupt.**

**If you ever wonder why people treat you the way they do, it's because you taught them how to do it.**

**If you put your head in the sand, one thing is for sure; you will get your ass kicked!**

**Once you realize you have given your power away, you can make the decision to take it back.**

**Most people are willing to change, not because they see the light, but because they fear the darkness.**

**There is no reality, only perception.**

**If you ask for what you want, you not have to take only what is offered.**

**You either contribute to or contaminate every relationship in your life.**

**One small DAILY ACTION is more powerful than immobilizing ourselves by waiting for the "right" moment to get started.**

**It is not enough to give what we *have*; we must also give what we *are*.**

**Whatever you are ready for is ready for you.**

**If you will make the decision, the Universe will make the provision.**

**You choose to believe you do not know the answer – and so you don't.**

**To know that you know, act as if your do.**

**Indecision creates inaction. Inaction creates results that you do not want.**

**You must know what you want because you can never have enough of what you don't want to make you happy.**

**Remember - EVERYTHING is temporary. You will outlive and outlast anything that is going on in your life right now.**

**Unfortunately, the only people who seem to welcome change are babies in wet diapers.**

**The thing we resist is always the thing we need to hear most.**

**Life is a mirror. It reflects back whatever image we present to it.**

**Talk with clarity. Walk with ease. Accomplish without strain.**

**There is nothing kept from you that you have not kept from yourself.**

**Most people don't think, they merely rearrange their prejudices.**

**Some people are like cement – all mixed up and permanently set.**

**You can only reason someone out of what they have been reasoned into.**

**You can't decide what happens TO you, but you can decide what happens IN you.**

**Nothing in your life will change until you begin to DO something different.**

**Being a true friend is being interested in others, not showing them how interesting you are.**

**The first thing we need to know is usually the last thing we are willing to learn.**

**No one cares what you intended to do, they only care what you DID.**

**You will remain where you are only as long as you wish.**

**Pay attention. Life sends you a whisper before a shout, a pebble before a brick.**

**When everything seems to be going wrong in your life say, “I smell opportunity”.**

**Whatever you desire for yourself, give to another. If you desire money, cause another to be prosperous. If you desire love, cause another to be loved. All the things you give away will come back to you.**

**Recognize that if you don't HAVE, its because you don't ACT.**

**Before you can attract what you desire, you must accept what you already have.**

**Acknowledge your past without being controlled by it. This means you must not use past events to build excuses.**

**Remember, every person is a child of God, even though some are cleverly disguised as an idiot.**

**A problem is simply the difference between where we are and where we want to be**

**We do what we know, and we get what we do**

**Where we are today is a product of our past choices, not our past circumstances. The sum total of our life is linked to the choices we have made.**

**A fixed belief that does not produce positive results is simply a life decision gone bad,**

**In life you can only have two things. Reasons or results – and reasons don't count!**

**If things don't flow, it means there is more to know.**

**Since we are already ONE with EVERYONE, we can never begin or end a relationship. We can only acknowledge or change the FORM of the relationship.**

**People who are lost in their lives tend to follow people who are lost in their illusions.**

**Prayer is simply transmitting energy to the Divine and having that energy returned as guidance.**

**The only difference between people you consider "lucky" and yourself is that they did what they did, and you did what you did.**

**Often the universe teaches us the lessons in our life through a paradox. What we think is a small choice is a big one, and what we think is a big one is a small one.**

**It is a little known and much denied fact that people treat us the way we secretly ask to be treated.**

**Recognize that you are the one who chooses the behavior, therefore you are the one who creates the consequences.**

**Once the problem is out of sight, so is the only possible solution.**

**Self-deception is self-betrayal.**

**Begin to see that all conclusions are limitations.**

**The most you will ever get out of life is what you ask for.**

**Talent is genetic. We all have talent. It is what we do with it that counts.**

**When we refuse to accept the small gifts in life we turn aside the larger gifts as well.**

**You always have three choices. You can let your thoughts of the PAST create the moment. You can let thoughts of OTHERS create the moment, or you can allow your thoughts in the NOW to create the moment.**

**The Universe will provide. Our job is to listen for how.**

**The reason we must go out on a limb is because that is where the fruit is.**

**We need to get serious about not taking ourselves seriously.**

**If vegetarians eat vegetables, what do humanitarians eat?**

**At some point we must trust the universe will support us. Said another way. "When I am willing to leap, the net will appear"**

**There is nothing more dangerous than an idea when it is the only one you have.**

**In our society suicide is "wrong", but if we kill ourselves with alcohol, drugs, tobacco or overeating, that's okay. In essence, the faster we kill ourselves the more "wrong" it seems to be.**

**Every end is a beginning. Every loss must be viewed as a potential gain.**

**Start looking for the silver lining in what appears to be adversity**

**The desire to be "better than" will choke off the desire to simply BE.**

**When we are not living in the present moment notice that just when we get there, 'there' disappears.**

**If you must have something, it controls you. Ironically, when you release it you start getting more of it.**

**The soul is God miniaturized. Therefore what we call death is simply the soul shifting from one form to another.**

**Make a commitment to do what you love and then love what you do.**

**Prayer is you talking to God. Intuition is God talking to you.**

**We must remember that the goal and the journey are always the same.**

**In the larger scheme of things, we can never really own anything. The best we can do is have temporary possession.**

**We are the sum total of our choices up to the present moment.**

**Do you contemplate the forest, or do you count the trees?**

**Worry is useless. You either have control or you don't. If you do, take control. If you don't, let it go!**

**Your body is the garage where you temporarily park your soul.**

**Knowing comes from within. Beliefs are handed to us from without.**

**When we judge others we do not condemn them, we condemn ourselves.**

**We are not stuck where we are unless we decide to be.**

**Of all the deathbed regrets I don't think anyone has ever said, "I should have spent more time working."**

**In order to forgive someone we must also blame someone.**

**We see what we believe rather than believe what we see.**

**Refuse to let an old person move into your body.**

**Judgment means we view something the way it "should" be rather than as it is.**

**Your refusal to contemplate your own death leads to your refusal to contemplate your own life.**

**"Right" and "Wrong" are nothing more than philosophical perceptions of the human value system that have nothing to do with reality.**

**We cannot change that which we do not acknowledge.**

**The largest question facing us is not, “When will I learn?” but, “When will I act on what I have already learned?”**

**That which you give to others, you give to yourself. That which you deny others, you deny yourself.**

**Until you learn how to CREATE your future, you cannot PREDICT your future.**

**Change is the only thing that is constant.**

**Every act is a selfish act. Everything we do, we do for ourselves, even if others benefit from our actions.**

**We separate ourselves into nations for reasons of survival and security - which produces just the exact opposite.**

**People go to therapists for months and years only to find out if they change their perception they change their experience.**

**Your true intentions are revealed in your actions and your actions are determined by your true intention.**

**A mistake is not in CHOOSING what is best for you, but rather not KNOWING what is best for you.**

**What you have done with your past is unimportant compared to what are about to do with your future.**

**In many ways life is like a computer game. All the possibilities exist and have already been programmed. You get to select which possibility you choose to experience.**

**If you don't change your beliefs your life will be like this forever. Is that good news?**

**Work is only work if you would rather be doing something else. If that's the case – DO SOMETHING ELSE!**

**A fool is "happy" when his cravings are satisfied. A Master is happy without reason. Act happy without a reason then you will truly BE happy.**

**Therapy is a boat to get you across the river, but most people do not want to get off the boat.**

**It is one thing to feel you MADE a mistake. It is another when you feel you ARE a mistake. Learn to separate the two.**

**When you no longer split your flow of energy with contradictory thoughts, you will know your power.**

**The only opinion in the Universe that is of true importance to you is your own.**

**Some people climb to the top of the ladder of success only to find it against the wrong wall.**

**What you are living today is the result of thoughts and feelings of yesterday. Your future is being created from your thoughts and feelings of today.**

**Happiness is about BEING; not about DOING; You cannot "DO" happy.**

**In a society overcrowded with "victims" we have essentially agreed that it is now okay to use past events to build excuses.**

**Instead of giving up, why not use your setback as a setup for your comeback!**

**You don't have to fix the past to have what you want in the future.**

**Instead of falling in love with a person's POTENTIAL, fall in love with who they are NOW!**

**Punishing someone will never help you get what you really want.**

**Are you making excuses or are you making progress?**

**At some point you must step out of being a student and step into DOING what you have been studying.**

**Most self-improvement junkies are over-read and under-done.**

**Every habit either serves you or enslaves you.**

**In every moment you are either moving toward what you want or away from what you want.**

**You can never change something in the future. Change always occurs NOW!**

**We either have discipline or we have regret.**

**Are you getting what you want or are you getting good at making excuses?**

**Don't ask, "Can I?" Instead, ask, "HOW can I?" Instead of asking "Is it possible?" ask "HOW is it possible?"**

**Ineffective people spend the majority of their time in a time other than the present.**

**When you regret the past remember that what MIGHT have been isn't necessarily what WOULD have been.**

**People that HAVE nothing tend to be people that DO nothing.**

**"Too good to be true" means you don't think you deserve better.**

**You never learn to say YES until you learn to say NO. Otherwise, "Yes", is disguised as a "No".**

**"I hate people" is translated into "Reject them before they reject me".**

**The creative value in suffering is that it allows us to reach a readiness for change.**

**Your lesser (Conditioned) self sees your problems in the past. Your greater (Higher) self sees your potential in the future.**

**We dislike our weaknesses so much that we HATE them in others.**

**If you don't believe in yourself enough you will believe in your problems more.**

**Holding on to anger is the same as holding on to a hot coal with the intent of throwing it at someone else. The only one who gets burned is you.**

**Remember to enjoy the little things because someday you will look back and realize they were the big things.**

**Forgiveness is always the sweetest revenge.**

**True wealth is not measured by the things we have, but by the things we have for which we would not take money.**

**You may be disappointed if you fail, but you are guaranteed to be disappointed if you don't at least find out if it is possible for you.**

**One of the greatest feelings of pleasure we can experience is the feeling that comes over us when we forgive someone else - whether they know it or not.**

**A ship is safe when it is in the harbor, but that is not what a ship is built for.**

**If opportunity does not knock, consider building a door!**

**The key to accomplishment is when you fall five times and stand up six.**

**Those who are successful are those who hung on after the others have let go.**

**Life is a matter of perception. You can either complain that the rose bush has thorns or you can rejoice that thorn bush has roses!**

**You cannot receive what you refuse to give.**

**Fearlessness is not the absence of fear; it's the absence of the fear of fear.**

**A true Master is not one who has the most students, but one who creates the most Masters.**

**Overindulging and spoiling your child is one of the most insidious forms of child abuse.**

**When the pain of where you are becomes greater than the fear of where you want to be – you will move from where you are to where you want to be.**

**Compassion is realizing everyone's life is as difficult as yours.**

**Realize that everything that comes into your life is a gift, and that all gifts do not come with a smiling face.**

**Success is not about acquisition. Rather, it has more to do with what you are able to discard.**

**Sometimes you have to go beyond uncertainty while you are still uncertain.**

**A crisis for the masses is an opportunity for the individual.**

**Everything I need is within me now.**

**All mistakes are but the mistakes of ignorance.**

**Resistance creates failure. Harmony creates success.**

**If you cannot "CHANGE" the people around you, then  
CHANGE the people that surround you.**

**Some people find an excuse...Others find a way**

**If we will take one step towards the Divine, the Divine will  
take ten steps toward us.**

**We get treated in life the way we *train* people to treat us.**

**We will not change any situation until the pain of staying  
where we are in greater than the temporary pain we will  
experience making the change.**

**If you are being mistreated, you are cooperating with the  
treatment.**

**If you are not willing to risk the unusual, you will have to  
settle for the ordinary.**

**Resistance to change is nothing more than *hardening of the  
attitudes.***

**Ideas without *labor* are *stillborn.***

**Spend 20% of your time on the problem, and 80% on the  
solution.**

**There are no unreasonable goals, just unreasonable time frames.**

**Sometimes we make the right decision, and sometimes we have to make the decision right.**

**If you don't like what you are receiving, examine what you are giving.**

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